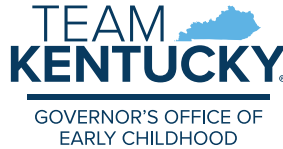


Kentucky's Early Learning Family Toolbox



My Child's Development

All children grow and learn in their own ways. You can help your child learn in several ways:

- Social-emotional: how we get along with other people and understand our feelings
- Cognitive: thinking and solving problems
- Physical: big movements (like kicking a ball) and small movements (like squeezing playdough)
- Language: speaking and understanding

You can learn more about your child's learning by using these tools:

- Ages and Stages Questionnaire: <http://www.helpmegrowky.com/take-the-screening/>
- [Center for Disease Control and Prevention's Milestone Tracker App | CDC](#)

Families are the first and best teachers for children! You help your child learn when you talk, read, and play with them. You can find more ways to help your child learn and grow here:

- [Let's Learn Kentucky](#)
 - [Reading Resources](#)
- [Dolly Parton's Imagination Library](#)
- [Unite for Literacy](#)
- [Metro United Way Learning Together, Growing Together](#)



You may have questions about your child's learning, or need help.

- [HANDS program](#)
- [Kentucky Early Intervention Services](#)

My Child's Learning Journey

Before Kindergarten:

Every child's learning journey begins with caring adults. For many families, child care providers are partners in children's learning. You can learn more about finding a high quality early childhood program here:

- [Kentucky Child Care Provider Search](#)
- [Choosing a Child Care Provider](#)

There are some skills that will help your child have a strong start to school. Discover how to help your child grow those skills with these activities:

- [Kentucky Family Guides](#)

Kindergarten:

If your child is old enough, they are ready for kindergarten! In Kentucky, your child must be 5 on or before August 1.

It's never too soon to begin learning about where your child will attend kindergarten. If your child will go to a public school, you will register with the school district. Your local school district can answer your questions about school options. Learn more about starting kindergarten here:

- [Transitioning to Kindergarten Guide](#) (National Association for the Education of Young Children)
- [Guide to Starting Kindergarten](#) (National Parent Teacher Association)
- [Kentucky School Enrollment Requirements](#)

My Child's School and Effective Communication

When you have questions about your child's school, **start with your child's teacher**. Other people who may help include:

- School Counselor
- Family Resource Coordinator, or FRYSC
- School Psychologist
- Assistant Principal or Principal

Public schools must meet the needs of every child, even if there are differences in health, behavior, or learning. If you feel that your child's school is not meeting your child's needs, there are things you can do. Learn more here:

- [8 Steps to Advocating for Your Child at School](#)
- [Parent and Family Toolbox](#)
- [Parent Teacher Association "Notes from the Backpack" Podcast](#)

